



PERIOD EDUCATION FOR ALL

LSA Healthcare Services Limited visits Barataria South Secondary School

“Period Education For All”
#wearecommitted

LSA Healthcare Services Limited visited Barataria South Secondary School speak to the young ladies in **Form 1's** about Periods, and changing the culture of both menstrual and personal hygiene which includes the use of sanitary products, the proper disposal methods of the waste in a discreet manner.

As a key stakeholder in the industry the goal is to ensure that there are period friendly toilets for girls and women throughout Trinidad and Tobago. This includes, soap, water, toilet paper, sanitary pads and a Sanitary Bin for hygienic disposal.

On Wednesday 8th November 2023 we hosted an **interactive talk** with approximately 200 girls to help **change the culture of hygiene** in Trinidad and Tobago. It is important to teach these young ladies about hygiene and to give them useful tips to keep them clean and safe from illness. It is recommended that each girl has a small pouch with some necessary products in their bags such as sanitary napkins, toilet paper, wipes, extra underwear and soap. LSAH's aim is to foster a sisterhood in school and to ensure we are our sister's keeper.

LSAH is determined to work with schools to help **break the stigma, raise awareness** and to change the culture of hygiene in Trinidad and Tobago. We want to make menstruation a **normal fact of life** by 2030 in accordance to the United Nations Global SDG's (Sustainable Development Goals)



Principal of Barataria South Secondary School, Ms. Charlene Hicks - Rayburn (left) pictured with LSA Healthcare Services Limited Director, Ms. Leela Ramsingh (above right) school and Marketing Coordinator, Fahmeeda Maharaj (below right).

It is not acceptable that because of natural bodily fluid woman and girls around the world continue to be prevented from getting an education, earning an income and equally participating in everyday life.

Thanks to **Goddess Advanced Hygienic Protection Ltd** for their kind donation of Sanitary products.

At LSA Healthcare Services Limited, we offer a complimentary Onboarding for schools when you sign up.