

# Periods In Christmas



LSA Healthcare Services Limited and the Office of the Prime Minister - Child and Gender Affairs Division joined forces to bring joy and assistance to the residents of the Beetham with the Beetham Resurgence Accelerated through Community Empowerment (BRACE)-Christmas Caravan!

By collaborating we aim to amplify the social impact starting with the residents of the Beetham.

Recently, there was a study done stating that period poverty does in fact exist in Trinidad and Tobago.

The study stated that more than half of the women in T&T revealed that at some point in time they had to resort to using either toilet paper, napkins, or paper towels in place of sanitary supplies because of the exorbitant cost of period products.

This Christmas LSAH aimed to make a difference in the Beetham community by providing menstrual hygiene products to the woman and girls in the area.

LSAH is an advocate for the period poverty movement and focuses on menstrual hygiene education.

At this time of year, we often think about holiday get-togethers with friends and family, but statistics show women who menstruate are feeling stressed about their ability to afford period products given the economic climate, they're not having the same holiday as everyone else. It must be extremely difficult having to decide between going to school, to work, or celebrate the holidays because they can't afford menstrual products.



Director of LSA Healthcare Services Limited, Ms. Leela Ramsingh (left) with Richie Bansraj, Projects Coordinator for B.R.A.C.E Christmas Caravan

The B.R.A.C.E Christmas Caravan was an important venture that displayed dedication to Menstrual Hygiene Education and the Period Poverty movement.

Special thanks the Honorable Ayanna Webster-Roy, Minister in the Office of the Prime Minister with responsibility for Gender and Child Affairs, the Honorable Fitzgerald Hinds, Minister of National Security and Member of Parliament for Laventille West and the Director for Division of Gender and Child Affairs Ms. Shelly Ann Hart for inviting LSAH to join the B.R.A.C.E Christmas Caravan.



From Left to Right: Mr. Vijay Gangapersad, Permanent Secretary (Ag.), Ms. Leela Ramsingh Director LSAH, the Honourable Ayanna Webster-Roy, Minister in the Office of the Prime Minister and Fahmeeda Maharaj Marketing Coordinator LSAH

