



# PERIOD EDUCATION FOR ALL

## LSA Healthcare Services Limited visits Felicity Hindu Primary School.

**“Period Education For All”  
#wearecommitted**

LSA Healthcare Services Limited visited the Felicity Hindu Primary School to speak to the girls in standard 3 and 4 about period and practicing Menstrual Hygiene Management which includes the use of sanitary products and the proper disposal methods of the waste in a discreet manner.

As a key stakeholder in the industry the goal is to ensure that there are period friendly toilets for girls and women throughout Trinidad and Tobago. This includes, soap, water, toilet paper, sanitary pads and a Sanitary Bin for hygienic disposal.

On Tuesday 17th October 2023 we spoke to approximately 70 girls about menstruation and hygiene. While speaking to them we realized the girls feel a sense of shame when speaking about periods.

Working with schools in particular to help break the stigma, raise awareness and change the negative social norms around menstrual hygiene.

We want to make menstruation a normal fact of life by 2030 in accordance to the United Nations Global SDG's (Sustainable Development Goals)

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Principal of Felicity Hindu Primary School, Mr. Devindra Rohit (right) & LSA Healthcare Services Limited Marketing Coordinator, Fahmeeda Maharaj (left) with donations of period products for the girls at the school.

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We answered frequently asked questions about periods and how to put on a sanitary napkin and how to properly dispose of them.

It is not acceptable that because of natural bodily fluid woman and girls around the world continue to be prevented from getting an education, earning an income and equally participating in everyday life.

Our marketing coordinator will visit the school and show staff how to properly use our feminine hygiene bins and have the conversation with the students about Menstruation Hygiene and proper disposal.

Thanks to Soroptimist International Couva for their kind donation of Sanitary products.

**At LSA Healthcare Services Limited, we offer a complimentary Onboarding for schools when you sign up.**