



L.S.A.H BRINGING DIGNITY TO GIRLS



LSA Healthcare Services Limited visits SERVOL (Beetham Life Centre)

**#EndPeriodPoverty
#WeAreCommitted**

LSA Healthcare Services Limited (LSAH) visited The Beetham Life Centre (SERVOL) to hand deliver feminine hygiene products for the students at the school.

Mrs. Onisegun Skinner-Sandy from SERVOL (Beetham Life Centre) (left) & LSA Healthcare Services Limited Marketing Coordinator, Fahmeeda Maharaj (right) with donations of period products for the girls at the school.

On Thursday, 26th October 2023, the Beetham Life Centre (SERVOL) hosted a symposium on the theme “I am Worthy”. The session focused on ensuring young women know their worth and help navigate them in the right direction. They addressed multiple topics including what it is to be a woman, business etiquette and self-care.

LSA Healthcare Services Limited delivered over 200 pieces of sanitary products for the students at the school. We work alongside schools to help break the stigma, raise awareness and change the negative social norms around menstrual hygiene.

As a key stakeholder in the industry the goal is to ensure that there are period friendly toilets for girls and women throughout Trinidad and Tobago. This includes, soap, water, toilet paper, sanitary pads and a Sanitary Bin for hygienic disposal. LSAH wants to make menstruation a normal fact of life by 2030 in accordance with the United Nations Global SDG's (Sustainable Development Goals)

Thanks to Soroptimist International Couva for their kind donation of Sanitary Products.